

March  
2025

# THE FSC FLYER

Family Support Center Prince George's  
*(formerly Adelphi/Langley Park Family Support Center)*



## WOMEN'S HISTORY MONTH!

### A NOTE FROM MARIELA

Greetings,

This past month we enrolled 6 new families into our center, including one dad and his child! They have been excited to come to classes in person and we welcomed them with open arms. At the end of the month, some of our families had the opportunity to attend the MFN Parent Leadership Conference but more on that highlight in the next issue.

As we navigate through uncertainty, please refer to our Resources links for helpful resources for families as well as links for Women's History Month events in the community.

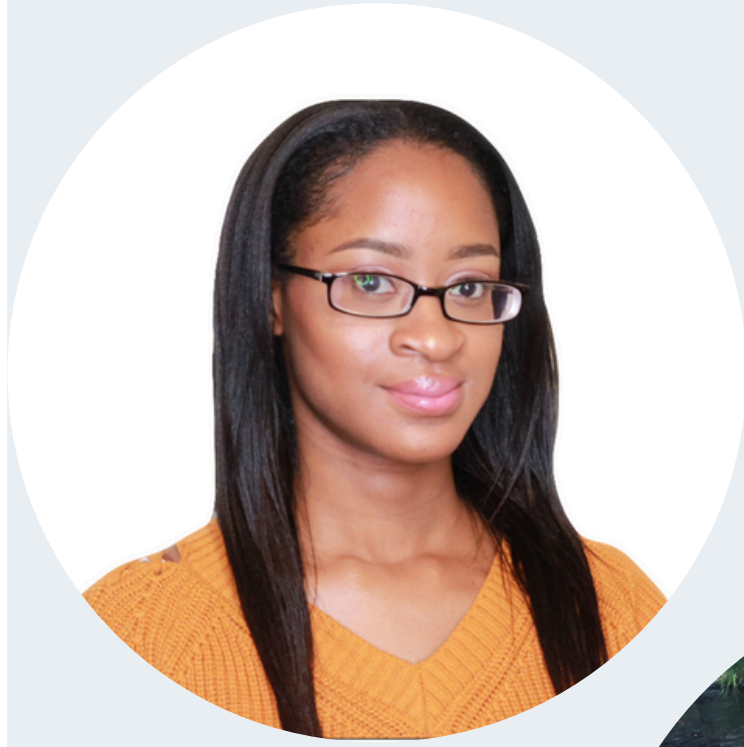
*Mariela*

## WHAT'S INSIDE:

- A Message From Mariela Hakans, Director of Family Support
- Program Updates
- Shout-Out to our Superhero Parents!
- Helpful Resources
- Calendar of Events



**MARIELA HAKANS, DIRECTOR**



DESSALINA ROBERTS



BIENVENIDA JAIMES

## CHILD DEVELOPMENT CLASSROOM

In this month's child development classroom, we will honor the children's parents. Our featured book for the month is Llama Llama, Are You My Mama? by Anna Dewdney.

We will create love collages honoring the children's mother or parent, listening to songs mentioning famous women, and also reading the story I Am Enough by Grace Byers about a young girl celebrating her confidence in who she is.



Cristian R. 03/19  
Mahsa A. 03/21  
Ian M. 03/22



KATHIA DONALICIO

## SERVICE COORDINATION

We are excited to start the Nurturing Parenting Program in March.

All of our families are invited to join us and learn about the introduction of discipline, the growth and development of children, alternatives to spanking, the development of empathy, etc. This series will continue until May. I hope to see you there.

Also, we will have a Peer Connections event for all families on the 28th of March. Sign up with me when flyers go out.



Michelet C 03/24





DR. SUSIE MCPHILOMY

## ADULT EDUCATION CLASSROOM

As we celebrate Women's History Month, I need to acknowledge the amazing women I work with in my classroom every day.

Watching them juggle their responsibilities as parents, life partners, and students is truly inspiring for me as an educator. Not only do I have a chance to teach them, I learn about them, their cultures, and celebrate their success in reaching their goals and fulfilling their dreams.

In honor of Women's History Month, my students have been assigned to prepare presentations about women they most admire and their contributions throughout history. The presentations focus on how women, in both the past and present, have empowered them, dedicated their lives to education, progress, and leadership.

## FSC IN-HOUSE RESOURCES

Our newest car seats will be offered at a very discounted price!

If you are interested in getting a car seat, please call us at 301-431-6210 or reach out to Jeniffer Hernandez at [jhernandez@childresource.org](mailto:jhernandez@childresource.org)

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To gain access to information about our other CRC programs or other resources through our organization, Please visit our website.

Para obtener acceso a información sobre nuestros programas u otros recursos sobre nuestra organización, visite nuestro sitio web.

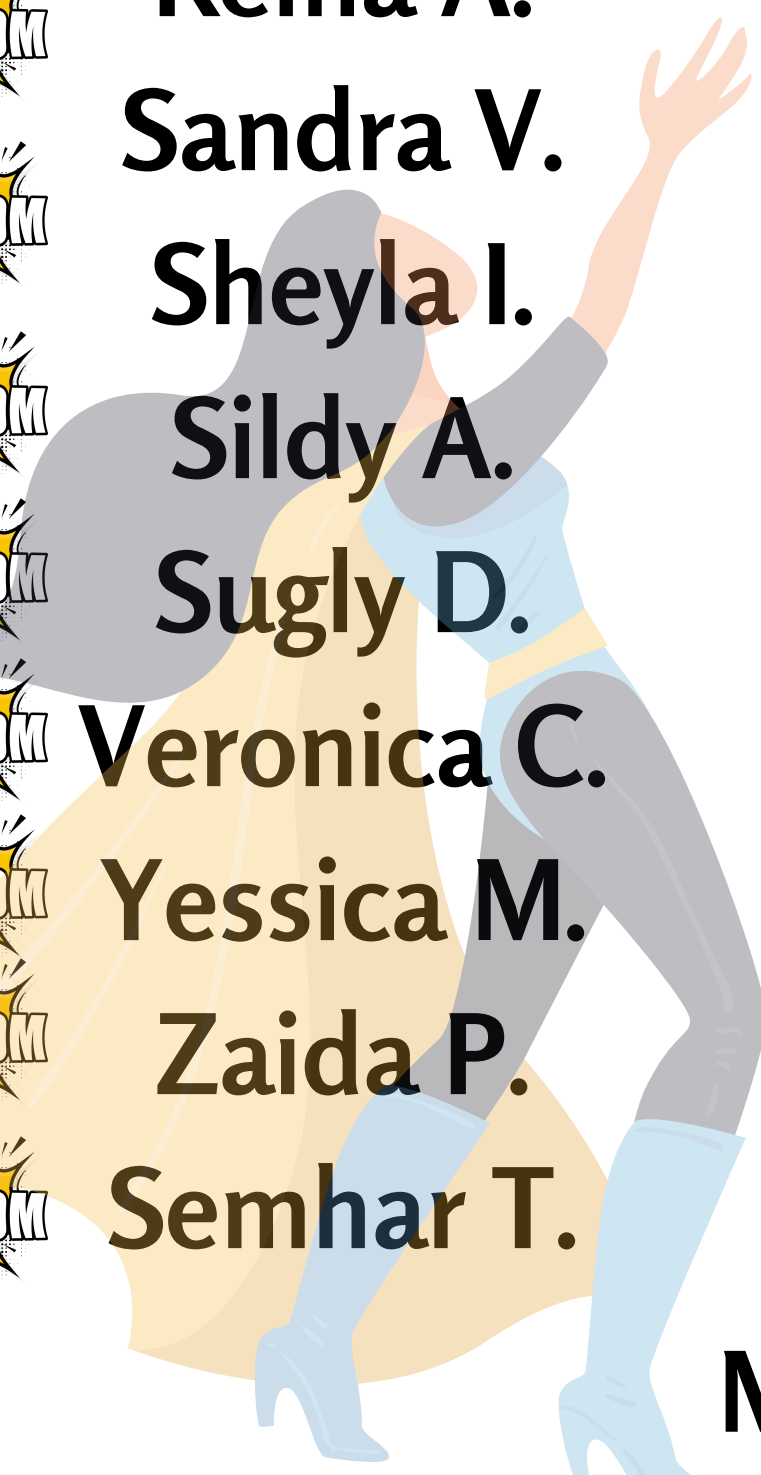
<https://www.childresource.org>

## TO OUR FSC SUPERHERO PARENTS

FSC is rolling out the red carpet to honor our fabulous FSC participants  
—our superhero parents! 🎉



Kenia R.  
Merari G.  
Reina A.  
Sandra V.  
Sheyla I.  
Sildy A.  
Sugly D.  
Veronica C.  
Yessica M.  
Zaida P.  
Semhar T.



Michelet C.

Angelica V.  
Eluvia V.  
Glendy R.  
Ingrid P.  
Ingris G.  
Johana H.  
Karina M.  
Sara G.  
Sahar A.  
Khadija A.  
Angelica R.



## HELPFUL COMMUNITY RESOURCES

English conversation club at the Library

<https://pgcmls.info/event/12571941>

Kids achieve club at the Library

<https://pgcmls.info/event/12774970>

PG Parks and Recs- Women`s History Events

<https://www.pgparcs.com/activities-events/events?title>

Women`s History Month

<https://www.pgcmls.info/womens-history-month>

Red Cards - Tarjetas Rojas Immigrant Rights

<https://www.ilrc.org/red-cards-tarjetas-rojas#item-4477>








LET'S STROLL DOWN MEMORY LANE TO OUR FABULOUS VALENTINE'S DAY EXTRAVAGANZA!





# March

# 2025

SUN	MON	TUE	WED	THU	FRI	SAT
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2	3	4	5	6	7	8 
9 	10	11	12	13	14	15
16	17 	18	19	20	21 	22
23	24	25 	26 	27	28 	29
30	31 					

## FSCPG WEEKLY SCHEDULE

## IMPORTANT DATES:

### MONDAY & WEDNESDAY

8:00 - 11:00 AM

ESL/ABE CLASS

10:45AM PACT

12:00 - 3:00 PM

ESL/ABE CLASS

2:45PM PACT

### TUESDAY & THURSDAY

8:00 - 11:00 AM

ESL CLASS-HIGH ESL/ABE

10:45AM PACT

12:00 - 3:00 PM

ESL/ABE CLASS

2:45PM PACT

FRIDAYS VIRTUAL- CIRCLE TIME

11:15 - 11:45

### INTERNATIONAL WOMEN'S DAY

03-08-2025

### DAYLIGHT SAVINGS STARTS

03-09-2025

### MFN PROFESSIONAL DAY -STAFF PD DAY

03-21-2025

### INTRODUCTION TO NURTURING PARENTING

03-25-2025

### NO CLASSES. END OF THE WINTER SESSION

03-26-2025

### PARENT ADVISORY MEETING

03-26-2025

1:15PM - 3:00PM

### HF / FSC PEER CONNECTIONS

03-28-2025

10:00AM - 12:00PM

### LAST DAY OF RAMADAN

03-30-2025

### PGCPS - SCHOOLS AND OFFICES CLOSED -EID

03-31-2025