

March
2024

THE FSC FLYER

Family Support Center Prince George's
(formerly Adelphi/Langley Park Family Support Center)



Unleashing the Power of Women!

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A MESSAGE FROM MARIELA

Hello!

This March we are empowering our participants to do great things, especially returning from the MFN Leadership conference, and here is a quote that resonates with that:

“To tell a woman everything she cannot do, is to tell her what she can.”

~Spanish Proverb

Mariela



MARIELA HAKANS, DIRECTOR



DESSALINA ROBERTS



BIENVENIDA JAIMES

CHILD DEVELOPMENT CLASSROOM

The theme for the child development classroom this month is Spring seasonal changes. We will learn about new flowers emerging from the winter season. Discussing the four seasons helps children learn about how things in nature grow, what different clothes we may need to stay warm, and the change of time from daylight savings. Having the children explore during outside play can be beneficial for both child and parent to engage in rich language development.

The book that we will be highlighting is The Tiny Seed by Eric Carle. This story talks about the adventures a seed takes as it travels throughout the season of the year. The seed gets very big and a friend shares the new flower with a new friend. As the flower grows, it slowly begins to die and create a new seed for the new year and upcoming season.



Ian R . 03/22



KATHIA DONALICIO

SERVICE COORDINATION

March is Women's History Month and we'll be educating, sharing stories, raising awareness, and sharing resources about women's achievements and the challenges they face. This month we continue offering virtual therapy sessions to those participants in need of more support. Please remember to check the center's WhatsApp group to learn about program updates, events, and field trips and to communicate about your absences.

Feel free to contact me at 301-613-0551 if you have any questions. Remember to continue focusing on your goals and if you have any updates please reach out to me.



Homaera T. - 03/31
Jessy M. - 03/23





DR. SUSIE MCPHILOMY

ADULT EDUCATION CLASSROOM

As we get closer to spring, we welcome the season with another month of great highlights! Almost all of our participants work hard to improve on a daily basis and will be moving up to the next level very soon!

We have new additions to our Adult Ed Family! Although on maternity leave, our participants are eager to continue learning and connect to their classes on Zoom!

I need to also acknowledge Willianik and Johanna (Level 2), who attended the Parent Leadership conference and will be presenting what they learned from their sessions in class.

Our pampering event this Valentine's Day was a success. The students had an eventful celebration and were shown a lot of love and learned about the importance of self-love and self-care.

FSC IN-HOUSE RESOURCES

FSC CAR SEAT DISTRIBUTION:

For more information on car seats or if you have any questions, please contact Jeniffer at jhernandez@childresource.org or please call 301-431-6210.

PROGRAMA DE DISTRIBUCION DE SILLAS DE AUTO:

Para obtener más información sobre los asientos para automóviles o si tiene alguna pregunta, contáctese a Jeniffer: jhernandez@childresource.org o 301-431-6210.

To gain access to information about our other CRC programs or other resources through our organization, Please visit our website.

Para obtener acceso a información sobre nuestros programas u otros recursos sobre nuestra organización, visite nuestro sitio web.

<https://www.childresource.org>

PARTICIPANT OF THE MONTH: ANDREA G.



Andrea G, a recent addition to our center, has swiftly captured our admiration through her unwavering diligence, dedication, and devotion to her studies!

She engages in heartfelt conversations, discussing ways in which we can collectively nurture both her and her child.

Her commitment, responsibility, and optimistic spirit shine brightly. Attending every class punctually and consistently prepared, her trajectory towards learning and advancement appears steeped in promise. Bravo, Andrea! Your progress fills us with pride!

HELPFUL COMMUNITY RESOURCES

PG COUNTY DENTAL HEALTH SERVICES

[HTTPS://WWW.PGPARKS.COM/ACTIVITIES-EVENTS/EVENTS](https://www.pgparks.com/activities-events/events)

VACCINES & IMMUNIZATIONS

[HTTPS://WWW.PRINCEGEORGESCOUNTYMD.GOV/DEPARTMENTS-OFFICES/HEALTH/FAMILY-](https://www.princegeorgescountymd.gov/departments-offices/health/family-)

PGC MEMORIAL LIBRARY SYSTEM EVENTS

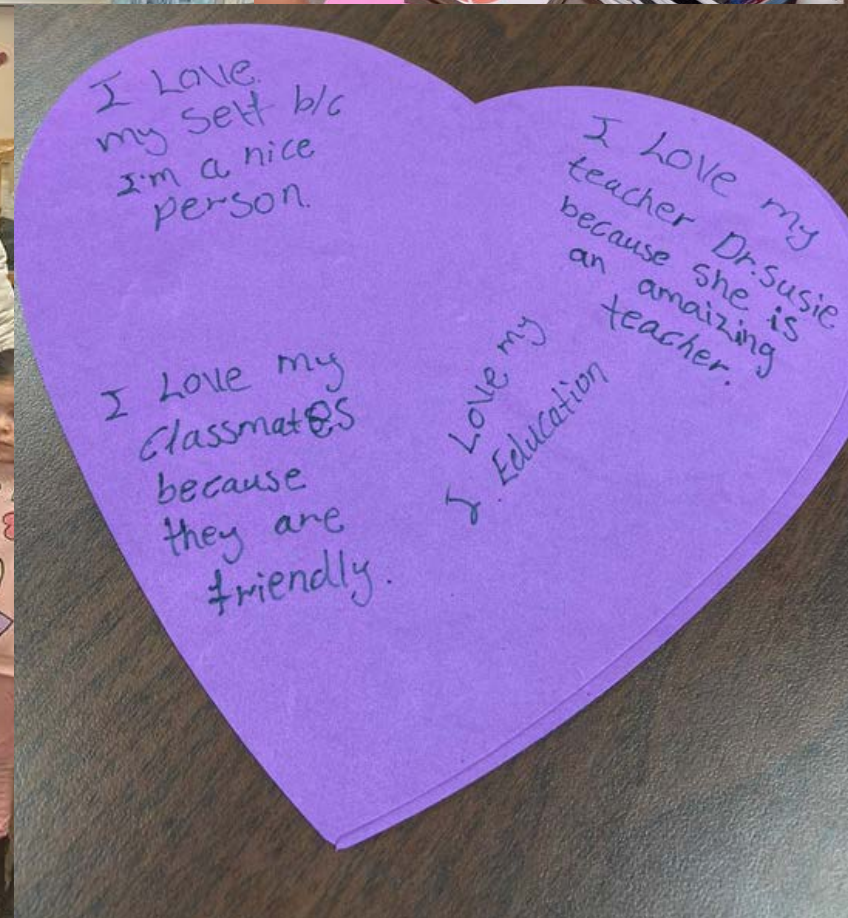
[HTTPS://WWW.PGCMLS.INFO/EVENTS](https://www.pgcmls.info/events)

PG PARKS- EVENT CALENDAR

[HTTPS://MDPGPARKSWEB.MYVSCLOUD.COM/WEBTRAC/WEB/SEARCH.HTML](https://mdpgparksweb.myvscloud.com/webtrac/web/search.html)

UNFORGETTABLE FEBRUARY MOMENTS

VALENTINES, MFN PARENT LEADERSHIP CONFERENCE, AND STORY TIME!



FSC PARTICIPANTS' EVENTS



Get ready to celebrate a Family Literacy Fiesta with The Family Support Center Prince George's and InterAct Story Theatre.

STORY

Join us for a special Story Time on Friday, March 1st at 9:30- 10:45 am at 8908 Riggs Road in Adelphi, MD 20783. Sign up with Kathia D. : 301-613-0551

Let's make reading and learning a family affair!

JOIN OUR FIELD TRIP TO:



WHEN: MARCH 11, 2024

WHERE: 35 MARKET PL, BALTIMORE, MD 21202

AGE: CHILDREN 1 YEAR OLD AND OLDER

FIRST COME, FIRST SERVE
THIS IS AN ALL DAY EVENT
TRANSPORTATION PROVIDED



sign up with Ms. Kathia: 301-613-0551

Spring Break!

March

2024

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8 International Women's Day	9
10	11	12	13	14	15	16
17 	18	19	20	21	22	23
24	25	26	27	28	29	

FAMILY SUPPORT CLASS WEEKLY SCHEDULE

MONDAY & WEDNESDAY

8:00 - 11:00 AM
ESL/ABE CLASS

10:45 - 11:00 PACT

12:00 - 3:00 PM
ESL/ABE CLASS

TUESDAY & THURSDAY

8:00 - 11:00 AM
ESL CLASS-HIGH ESL/ABE

10:45 - 11:00 PACT

12:00 - 3:00 PM
ESL/ABE CLASS- LEVEL A

FRIDAYS VIRTUAL- CIRCLE TIME
11:15 - 11:45

IMPORTANT DATES:

IN-PERSON INTERACT STORY THEATER :

MARCH 1ST 10:00 AM-11:00 AM

PEER CONNECTIONS

MARCH 1ST, 12:00 PM - 3:00 PM

INTERNATIONAL WOMEN'S DAY.

MARCH 8TH.

FILED TRIP WITH MFN TO PORT DISCOVERY:

IN-PERSON
MARCH 11TH, ALL DAY

LAST DAYS OF OUR ESL/ABE SEMESTER

MARCH 20/21ST

PEER CONNECTIONS

MARCH 22ND

HEALTH EDUCATION BY PRIORITY PARTNERS -DENTAL HEALTH

MARCH 28TH, 12:30-9:30

GROUP THERAPY:

EVERY THURSDAY FROM 12:00 - 1:00 PM AND EVERY FRIDAY FROM 9:00 AM - 10:00 AM
LAST SESSION WILL BE MARCH 22ND

SPRING BREAK FOR PARTICIPANTS

(FSC OFFICES CLOSED)- MARCH 25 - APRIL 1ST

