

March
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THE FSC FLYER

ADELPHI/LANGLEY PARK FAMILY SUPPORT CENTER
NEWSLETTER



www.childresource.org



In honor of Women's History Month- we are celebrating our participants and their accomplishments!

WHAT'S INSIDE:

- A Note from Nathalie Coward, our Family Support Center Director
- News from Our Center
- Participant of the Month
- Helpful Resources
- Executive Director's Corner
- Spring is in the Air!
- Calendar of Events

A NOTE FROM NATHALIE

Spring is in the air and with it comes the promise and hope of newness and life. This month is also Women's History Month- we honor all of the women who have made a difference in our lives!

As our headlines continue to bring us such heavy news while we continue to navigate the ever-changing pandemic, it is so important to be intentional about finding joy and focusing on the positive aspects of life. Be on the lookout for daily moments that make you smile.

We are busy at work readying the center for the safe return of our staff and participants. We hope to announce that day soon! In the meantime, we remain committed to maintaining our level of care, dedication, and engagement exhibited daily within our program offerings.

Spring is coming. Hope remains. We will get through this together.

Ever hopeful,

Nathalie





SHANAE BROCKINGTON



DESSALINA ROBERTS



BIENVENIDA JAMES

CHILD DEVELOPMENT CLASSROOM

The theme for the child development classroom this month is Spring and new beginnings. We will learn about the changing seasons and the life cycle stages of various organisms.

The book that we will be highlighting will be "When Spring Comes" by Kevin Henkes. This book tells about the fascinating transformation that the environment goes through when spring arrives!

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We have some special birthdays this month:

- Steven**-3/7- (2 years)
- Sharon** -3/15 -(1 year)
- Janessa**-3/19-(2 years)

Happy Birthday!



KATHIA JAMES

SERVICE COORDINATION

This month we'll be learning how to create a professional resume. We'll also be celebrating Women's History Month.

A well done resume has the power to open doors, grab the attention of employers and recruiters, and sell your strongest skills and accomplishments. Also, it helps you assess if you are a match for a position or project. Most importantly, it gets you a job interview.

March is Women's History Month

The 2022 theme is "Women Providing Healing, Promoting Hope." This theme is "both a tribute to the ceaseless work of caregivers and frontline workers during this ongoing pandemic and also a recognition of the thousands of ways that women of all cultures have provided both healing and hope throughout history."

Happy Birthday to the following participants:

- Karina Ramirez 3/13
- Blenvenida Lopez 3/22
- Yesy Gutierrez 3/12
- Liliana Tello 3/11
- Adelaida Damacio 3/5





DR. SUSIE MCPHILOMY

ADULT EDUCATION CLASSROOM

Spring and new beginning...

Joining the PGCRC family is a new beginning for me; it is an experience filled with a sense of gratitude for my team and the service I can provide to young mothers to succeed in their endeavors. It is a lovely reminder of how empowering language learning can be. I hope this spring will bring them a sense of motivation, renewal and inspiration. I enjoy seeing the changes in my students daily.



LOIS DYER

OUR STORY IN NUMBERS

- 33 Participants
- 27 Children
- One advisory board meeting, participant Adelaida D participated
- 1700 Diapers delivered!
- 4 car seats distributed
- 8 Circle Times
- One new baby was born on Feb 26!
- 1 Nursery bundle delivered to a pregnant mom



LUCAS ESCANO

TRANSPORTATION NEWS

Please be on the lookout for this month's diaper deliveries. Continue to wear your masks and be safe!

We are following the same routine for deliveries. Please answer the phone when I call you to ensure your delivery is made on time.



JENIFFER HERNANDEZ

OFFICE MANAGER UPDATES

Spring has officially started!

We are grateful for our partnership with **Buckle Up for Life**, a national car seat safety program from Toyota and Cincinnati Children's to help families keep child passengers safe.

Contact me for car seat inquiries and information: jhernandez@pgcrc.org or 301-431-6210, ext. 1100.

As we continue our battle through this pandemic, we are still working closely on implementing a safe COVID-19 protocol plan to make sure; all of us feel safe to get back in the center.



PARTICIPANT OF THE MONTH: ABRHAT W.



Congratulations to this month's
Participant of the Month:
Ms. Abrhat W.!

Ms. Abrhat is very determined and attends all of the PACT activities and Child Development sessions. She shows concern about her children's wellbeing, and is always present and patient.

Abrhat is determined to pursue a career in the U.S. because she feels she can be supportive of her husband and provide for her family. Therefore, she is always responsible and actively engaged in the learning process. We are very proud of her daily achievements!

HELPFUL RESOURCES

COOL SPRINGS ELEMENTARY SCHOOL:

[HTTPS://SCHOOLS.PGCPS.ORG/COOLSPRING/](https://schools.pgcps.org/coolspring/)

COMMUNITY LEGAL SERVICES

[HTTP://WWW.CLSPGC.ORG](http://www.clspgc.org)

Educate, Represent and Empower Low Income Members of the Prince George's County Community Regarding Civil Legal Matters.

CATHOLIC CHARITIES DENTAL AND HEALTH SERVICES FOR LOW INCOME FAMILIES

Susan Denison Mona Center
5859 Allentown Way, Temple Hills, MD
For appointments call: 301-615-0950

EXECUTIVE DIRECTOR'S CORNER



Michelle Obama said,

"There is no limit to what we, as women, can accomplish."

I hope you believe that! Because it is true. Take a moment to look back...think of something that you are proud of. Think of something that you achieved, against all odds. And especially, look at your children! YOU are the reason that they know what it feels like to be loved. YOU are the reason that they feel safe and protected.

This month, look to the women around you and just pay attention to their strength. Look to the leaders, past and present, that you admire - authors and poets, actors and even celebrities - and take some inspiration from them. Read about Ketanji Brown Jackson, President Biden's nominee for the Supreme Court. Look to yourself, and imagine achieving the goals you have set for yourself. Because you can do it!

Celebrate National Women's History Month by believing that there is no limit to what you can accomplish.

Jennifer Iverson, Executive Director

HELPFUL RESOURCES

PRINCE GEORGE'S MEMORIAL LIBRARY SYSTEM READ ALOUDS:

[HTTPS://PGCMLS.INFO/EVENT/5910330](https://pgcmls.info/event/5910330)

GET YOUR COVID VACCINE AT THE LIBRARY:

[HTTPS://PGCMLS.INFO/EVENT/5858673](https://pgcmls.info/event/5858673)

MARYLAND IMMIGRANT LEGAL ASSISTANCE PROJECT:

[HTTPS://PROBONOMD.ORG/PROJECT/MILAP/](https://probonomd.org/project/milap/)

ESPAÑOL: [HTTPS://PROBONOMD.ORG/FOR-LEGAL-HELP/AYUDA-PARA-INMIGRANTES/](https://probonomd.org/for-legal-help/ayuda-para-inmigrantes/)



WOMEN SPRING FORWARD

Spring is in the Air at the Family Support Center!





March 2022

SUN	MON	TUE	WED	THURS	FRI	SAT
<p>ESL - ENGLISH AS A SECOND LANGUAGE OR ENGLISH FOR SPEAKERS OF OTHER LANGUAGES (ESOL)</p> <p>ABE - ADULT BASIC EDUCATION</p> <p>PACT - PARENTS AND CHILD/REN TOGETHER</p>		<p>1 8-11 AM ESL/ABE CLASS 11:15-11:45 AM PACT 12:00-3:00 PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP</p>	<p>2 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS</p>	<p>3 8-11 AM ESL/ABE CLASS 12:00-3:00PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP. 3-3:30 PM CIRCLE TIME</p>	<p>4 PARENT SUPPORT GROUP 10-11 AM</p>	5
6	<p>7 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS</p>	<p>8 8-11 AM ESL/ABE CLASS 11:15-11:45 AM PACT 12:00-3:00 PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP</p>	<p>9 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS</p>	<p>10 8-11 AM ESL/ABE CLASS 12:00-3:00PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP. 3-3:30 PM CIRCLE TIME</p>	<p>11 EMPLOYMENT READINESS SESSION 10-11 AM</p>	12
13	<p>14 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS</p>	<p>15 8-11 AM ESL/ABE CLASS 11:15-11:45 AM PACT 12:00-3:00 PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP</p>	<p>16 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS</p>	<p>17 8-11 AM ESL/ABE CLASS 12:00-3:00PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP. 3-3:30 PM CIRCLE TIME</p>	<p>18 BLUE SKY PUPPET SHOW 10-11 AM</p>	19
20	<p>21 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS</p>	<p>22 8-11 AM ESL/ABE CLASS 11:15-11:45 AM PACT 12:00-3:00 PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP</p>	<p>23 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS</p>	<p>24 8-11 AM ESL/ABE CLASS 12:00-3:00PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP. 3-3:30 PM CIRCLE TIME</p>	<p>25 PEER CONNECTIONS 10-11 AM (SPANISH) 11-12 PM (ENGLISH)</p>	26
27	<p>28 8-11 AM ESL/ABE CLASS 12:00-3:00 PM ESL/ABE CLASS</p>	<p>29 8-11 AM ESL/ABE CLASS 11:15-11:45 AM PACT 12:00-3:00 PM DISTANCE LEARNING FOR TRANSITIONS-HIGH ESL/ABE/DIPLOMA PREP</p>	30	31		



Dates to Remember



MARCH 4
PARENT SUPPORT GROUP
10-11 AM

MARCH 11
EMPLOYMENT READINESS
SESSION
10-11 AM

MARCH 18
BLUE SKY PUPPET SHOW
10-11 AM

MARCH 25
PEER CONNECTIONS
10-11 AM (SPANISH)
11-12 PM (ENGLISH)