



# PRINCE GEORGE'S CHILD RESOURCE CENTER, INC

## Training Calendar: June - September 2013

Register online at [www.childresource.org](http://www.childresource.org)



### Director's Summer Institute June 25

Center Directors and Assistant Directors are invited to a day of professional renewal on Tuesday, June 25 at the Newton White Mansion in Mitchellville. Participants will earn six hours of Core of Knowledge credit while networking with other directors and participating in great sessions on professional and personal development, technology and building community. Registration information will be available soon!

## MARK YOUR CALENDAR - Special Events!



*Alyson and Eileen, welcome!*

### Introducing Project LAUNCH

The Resource Center is pleased to be a part of Project LAUNCH – Linking Actions for Unmet Needs in Children’s Health. The goal of Project LAUNCH is for all children to reach social, emotional, behavioral, physical and cognitive milestones. Healthy growth in these areas builds the foundation for children to thrive in school and beyond. We are pleased to welcome Eileen Brooks and Alyson Jacobson to the Resource Center family as Early Childhood Mental Health Consultants. Alyson and Eileen will work alongside Paul Armstrong and Project WIN to help children be successful in child care, particularly in programs that are in one of the Transforming Neighborhood Initiative areas identified by County Executive Rushern Baker. Contact Alyson at extension 1008 or Eileen at extension 1009 if you have children in your program with challenging behavior and would like help working with them.

### Congratulations...

To Betty Johnson, Maureen Cagle and Sonali Hope on being honored by Maryland Association for the Education of Young Children - Prince George’s Chapter as Family Child Care Provider, Center Staff person and Rising Star of the Year during Provider Appreciation Night at the Resource Center.

### Contact Information

- Main Phone: 301.772.8420
- General Information.....Press 0
- Workshop Registration:.....Francine, ext. 1001
- Membership.....Ivette, ext. 1002
- Credentialing, Accreditation, and QRIS: .....Jodi, ext. 1010
- Technical Assistance, Advocacy:..... Laura, ext. 1011
- EXCELS Child Care Outreach Coordinators..... Pam ext. 1012  
Shantia, ext. 1013
- Project WIN.....Paul, 301.772.3607
- Project LAUNCH.....Alyson, ext. 1008  
Eileen, ext. 1009

Email: [pgcrc@childresource.org](mailto:pgcrc@childresource.org)  
Hours of Operation: M – F, 8:30 a.m. – 5:00 p.m.  
9475 Lottsford Road, Suite 202  
Largo, MD 20774



*Provider Night: We started the night off with a relaxation exercise.*



# What's New at the Resource Center?

## Building for Success Conference 2013

Thank you to everyone that joined us for the *Building for Success Conference* on March 16, 2013. We were honored to have Lt. Governor Anthony Brown as our keynote speaker. And the Apple Grove BASELP Steppers stole the show! 600 attendees filled the hallways of Wise High School. Our goal was to bring you an amazing day so that together we can continue to create healthy and nurturing environments for children.



Lieutenant Governor Anthony Brown with Executive Director Marti Worshtil

*Who says learning isn't fun? This workshop participant was having a blast!*



## Spring Celebration

Families from the Family Support Center program participated in our annual Spring Celebration. The children enjoyed the egg hunt, potato sack race, face painting, story time and other fun activities. A healthy meal was available for everyone and all the children received a book as a gift.



Cesia had a fun-filled day!

## Mother's Day: Honoring a Special Person!

We know how important family is in every child's life. For Mother's Day, the Resource Center celebrated mothers - and aunts, grandmothers, sisters, and friends - because without them, where would we be?

### Join us in celebrating these women who were honored:

Lynn Baldwin  
Janet Barbash  
Barbara Brzowski Sherman  
Irene Boyarsky  
Andrea Boyarsky-Maisel  
Marina Campanella  
Anne Davis  
Ann Feld  
Joan Hamilton  
Krista Kovach Hindsley  
Maria Hosea

Patricia Hurter  
Lara Katz  
Pearl Lee  
Guadalupe Lopez  
Tinica Mather  
Ulla McLean  
Sandra J. Moore  
Fannie Twilley  
Marbel Unzueta  
Ellen B. Williams  
Marti Worshtil

### In memoriam

Jimmie L. Barnes  
Louise Bobbitt  
Kathy Channick  
Jale Dorkan  
Vivian Gammon  
Ann Iverson  
Dr. Lalla Iverson  
Vivian Iverson

### Donors - Thank you!

Abi Adeyemi  
Matilda Alleyne  
Valerie Barnes  
Linda J. Barrs  
Francine Bobbitt  
Irene L. Briggs  
Joyce & Itzhak Brook  
Alison Brzowski Kotras  
Sara Hindsley

Jennifer Hoffman  
Stephen Hosea  
Dr. William T. Iverson  
Myra Katz  
Dorelle Laffal  
Michele La Rocca & Edward Davis  
Ivette Lucero  
Harvey B. Maisel

Amy Sahn  
Kathryn Shaver  
Kimberly Stokes  
Lynette Twilley  
Pamela Welcome  
Margaret Williams  
Joanna Worshtil  
Marti & Joel Worshtil

## Child Care Provider Appreciation Night

On April 18, the Resource Center had a night of relaxation and fun to honor the hard-working child care providers of Prince George's County. Joe's Movement Emporium offered yoga, Reiki and belly dancing. Line dancing was lead by Stephanie Robinson. We had a great time!



# SPECIAL CLASS ANNOUNCEMENTS 2013

## 24 HOUR FAMILY PRE-SERVICE

This training meets the Office of Child Care pre-service training requirements for new family child care providers as well as core of knowledge training for currently licensed family providers and center staff.

**Fee: \$40 per individual 4-hour session**  
**\$225 – 24 hour series that includes all six 4-hour sessions.**

**September 10**

**Tue., 8:30 a.m. – 12:30 p.m.**

**Module 1: From Baby to Bigger Steps:**

**What Makes a Child Grow? CD**

Fee: \$40 members, \$50 non-members

Trainer: Laura Terrell

Participants will receive an overview of leading child theorists, learning differences among children and the stages

**September 10**

**Tue., 1:30 p.m. – 5:30 p.m.**

**Module 4: Making it Work for All:**

**Exploring Special Needs, SN**

Fee: \$40 members, \$50 non-members

Trainer: Paul Armstrong

Explore ADA requirements and inclusive child care settings as well as health, behavioral and developmental concerns.

of child growth and development.

**September 11**

**Wed., 8:30 a.m. – 12:30 p.m.**

**Module 3: Keeping Kids Fit and Safe, HSN**

Fee: \$40 members, \$50 non-members

Trainer: Pamela Hamlin

This workshop includes emergency preparedness, menu planning and health and safety concerns of young children.

**September 11**

**Wed., 1:30 p.m.—5:30 p.m.**

**Module 2: Planning for Success! Creating**

**Opportunities to Grow and Learn, CUR**

Fee: \$40 members, \$50 non-members

Trainer: Jodi Regner

Understand the components of a family child care curriculum and how to design a family child care home; includes child care center room design and an appropriate curriculum in group child care.

**September 12**

**Thur., 8:30 a.m. – 12:30 p.m.**

**Module 5: Keeping it Real! Professional**

**Practices for a Successful Program, PRO**

Fee: \$40 members, \$50 non-members

Trainer: Laura Terrell

This session includes professional business practices, policies and procedures, record keeping, OCC regulations, and appropriate guidance and supervision of young children.

**September 12**

**Thur., 1:30 p.m. – 5:30 p.m.**

**Module 6: Planting the Seed: Developing**

**Connections with the World Around Us,**

**COM**

Fee: \$40 members, \$50 non-members

Trainer: Shantiea Barnes

This module provides an over-view of the importance of developing and maintaining relationships with children, families and the larger community.

## Growing Up Great

### Promoting Success Through Early Identification and Intervention

Childcare providers often sense that a child has a developmental delay but are unsure how to speak to parents about their concerns. Prince George's Infants and Toddlers Program and the Resource Center are partnering to bring the **Growing Up Great** special needs training series to providers across the county. The five class series will provide information and practical hands on activities needed to effectively:

- Understand how each child grows and learns
- Quickly see if a child's development is on track
- Have discussions with parents about their child's development
- Support a child's development through improved teaching strategies

The classes include two-hour classroom training followed by an optional 1-hour onsite visit to give providers follow up and support. Sessions are only \$25, and scholarships are available from the Infant and Toddler Program. Space is limited, so don't wait to register. Class descriptions and times are included in the Special Needs section of the calendar. Sessions include:

**Act Early: Know the Signs of Developmental Delays**

**Why Don't They Hear Me? Having Sensitive Conversations with Parents**

**First Words and Beyond: Early Interventions Strategies to Support Communication**

**Infants and Toddlers Exploring Their World: Brain Development and Movement**

**Observe and Understand: Supporting Young Children with Challenging Behaviors**

**EMERGENCY PREPAREDNESS:** This training will provide vital information, workbooks and materials. Each participant must attend the entire session and develop an individual emergency preparedness plan prior to receiving an MSDE training certificate.

**3 HSN, 3 PRO (Intermediate)**

**Trainer: Chesapeake College Fee: \$15 member and non-member**

**June 8 or August 24.....9:00 a.m.—3:30 p.m.**

**ACCREDITATION ORIENTATION:** MSDE will present two "Orientation to Accreditation" sessions at the Resource Center. Find out what you need to do to move your program forward. Register with Valerie at extension 1000. **These Sessions are Free!**

**Orientation will be held on June 6 and September 5 at 6:30 p.m.**

## 45 HOUR Infant/Toddler PRE-SERVICE: Methods and Materials

This series meets MSDE requirements for Family Child Care Providers caring for more than two children under the age of two and child care center staff who are lead teachers in an infant/toddler room. Individual modules may be taken for \$35 each; however, to meet the requirements for the 45 Hour course all modules must be taken in order.

**Trainer: Laura Terrell**

**Fee: \$250**

**Tue. Sept 10.....6:30 – 9:30 p.m.**

**Thur. Oct 3.....6:30 – 9:30 p.m.**

**Thur. Sept 12.....6:30 – 9:30 p.m.**

**Thur. Oct 10.....6:30 – 9:30 p.m.**

**Tue. Sept 17.....6:30 – 9:30 p.m.**

**Thur. Oct 17.....6:30 – 9:30 p.m.**

**Thur. Sept 19.....6:30 – 9:30 p.m.**

**Sat. Oct. 20.....1:00 – 4:00 p.m.**

**Tue. Sept 24.....6:30 – 9:30 p.m.**

**Tue. Oct 22.....6:30 – 9:30 p.m.**

**Thur. Sept 26.....6:30 – 9:30 p.m.**

**Thur. Oct 24.....6:30 – 9:30 p.m.**

**Tue. Oct 1.....6:30 – 9:30 p.m.**

**Tue. Oct 29.....6:30 – 9:30 p.m.**

**Thur. Oct 31.....6:30 – 9:30 p.m.**

## SEFEL Social and Emotional Foundations of Early Learning for

**Preschoolers** explores the role early childhood teachers play in facilitating social and emotional development so that children have the skills and foundation needed to be successful in school.

Descriptions of each module are available on our website and in the **Child Development** section of the calendar. Module 1 and 2 may be taken as individual modules. Individual modules are \$35 for members and \$45 for non-members.

**Trainer: Paul Armstrong**

**Fee: \$120 members; \$160 non-members**

**Module 1: June 20 & 25 .....6:30 – 9:30**

**Module 3: Aug. 6 & 8.....6:30 – 9:30**

**Module 2: July 16 & 18.....6:30 – 9:30**

**Module 4: Aug. 27 & 29....6:30 – 9:30**

## Maryland Model for School Readiness

Maryland Model for School Readiness (MMSR) has been revised and is ready for use in your program! MMSR is now 30 hours of training presented in 5 modules. Even if you have attended MMSR training in the past, consider completing it again. The new modules are aligned with Healthy Beginnings, Head Start and the Common Core Curriculum. The Resource Center will offer MMSR beginning in October. On-sites can be arranged for center staff or groups of 8 or more family providers; contact Jodi at extension 1010 for details.

## June 2013

Su	Mo	Tu	We	Th	Fri	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23/ 30	24	25	26	27	28	29

## July 2013

Su	Mo	Tu	We	Th	Fri	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## August 2013

Su	Mo	Tu	We	Th	Fri	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## September 2013

Su	Mo	Tu	We	Th	Fri	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## CHILD DEVELOPMENT

### JUNE

**June 4, Tue., 6:30 p.m.—9:30 p.m.**

**Amazing Brains Babies, CD (Intermediate)**

Fee: \$35 members, \$45 non-members  
Trainer: Laura Terrell

A child's brain grows very rapidly during infancy. Join us as we participate in activities to stimulate and grow these amazing brains.

**June 15, Sat., 10:00 a.m.—4:30 p.m.**  
**Understanding Children's Behavior, CD (Intermediate)**

Fee: \$65 members, \$75 non-members  
Trainer: Christina Krouse

Have you ever wondered what makes a particular child tick? Does children's behavior sometimes seem like one of the world's great mysteries? This session will help caregivers with practical strategies that can be used to positively guide children while maintaining a peaceful environment. **Bring a bag lunch.**

**June 20, Thur. and June 25, Tue., 6:30 p.m.—9:30 p.m.**  
**Promoting Children's Success: building relationships & Creating Supportive Environments (SEFEL Preschool Module 1) 3CD, 3 PRO (Advanced)**

Fee: \$35 members, \$45 non-members  
Trainer: Paul Armstrong

Positive relationships serve as the foundation for addressing social emotional needs in children. When children understand routines and expectations and are engaged in activities that are meaningful, they are less likely to engage in challenging behaviors. Learn strategies for teaching routines and expectations that support children. **Participants must take both sessions to receive a certificate.**

### JULY

**July 13, Sat., 10:00 a.m.—4:30 p.m.**

**Working With Children in Mixed Age Groups, 3 CD, 3 CUR (All Levels)**

Fee: \$65 members, \$75 non-members  
Trainer: Christina Krouse

This interactive six hour session will give you insights on ways to structure your daily routine as well as your physical environment to meet the needs of children in your care whether they are seven months old or seven years old. **Bring a bag lunch!**

**July 16 & 18, Tue. & Thur., 6:30—9:30 p.m. Social Emotional Teaching Strategies (SEFEL Preschool Module 2), 3 CD, 3 PRO (Intermediate/Advanced)**

Fee: \$35 members, \$45 non-members  
Trainer: Paul Armstrong

Teachers must facilitate children's social emotional development so that they have the skills needed to be successful in school. This includes the ability to solve problems, communicate emotions appropriately, and build friendships. This module focuses on effective strategies for teaching these skills to children. **This is a 6 hour training. Participants must attend both sessions to receive a certificate.**

### AUGUST

**Aug. 17, Sat., 9:30 a.m.—12:30 p.m.**

**Banish Bullying, CD (All Levels)**

Fee: \$35 members, \$45 non-members  
Trainer: Linda Bratcher

Teachers have a major influence on how children view themselves and the world. By creating an environment of mutual respect, we can help children develop empathy and a sense of fairness. By creating a caring environment, children will not have the need to assert themselves through negative behaviors such as bullying. **Register for "Playing Well With Others" at 1:00 p.m. on August 17 and receive a \$10 discount! Get both classes for \$60 for members and \$80 for non-members!**

**Aug. 27, Tue., 6:30 p.m.—9:30 p.m.**

**Positive Discipline, CD (All Levels)**

Fee: \$35 members, \$45 non-members  
Trainer: Laura Terrell

Children respond best in positive environments where expectations are clearly and positively stated. Join us and gain new techniques for bringing peace and tranquility to your classroom.

### SEPTEMBER

**Sept. 21, Sat., 10:00 a.m.—4:30 p.m.**

**Ages and Stages of Growth and Development, CD (All Levels)**

Fee: \$65 members, \$75 non-members  
Trainer: Christina Krouse

There are many positive ways to redirect and encourage young children to make good choices and develop self control skills. Learn new approaches to discipline that promote a positive environment.

**Sept. 26, Thur., 6:30 p.m.—9:30 p.m.**  
**Temperaments and Learning Styles, CD (Intermediate)**

Fee: \$35 members, \$45 non-members  
Trainer: Paul Armstrong

Understand the individual child by understanding temperament types and traits and how they influence behavior. Learn to work with all different temperament types.

## HEALTH, SAFETY & NUTRITION

### JULY

**July 30, Tue., 6:30 p.m.—8:30 p.m.**

**Good For You Food Fun, HSN (All Levels)**

Fee: \$25 members, \$35 non-members  
Trainer: Eileen Brooks

Food can nourish both the body and the spirit! Learn different ways of introducing new foods and making meals and snacks both interesting and healthy.

### September

**Sept. 5, Thur., 6:30 p.m.—8:30 p.m.**

**Teaching Children Self Protection, HSN, (All Levels)**

Fee: \$25 members, \$35 non-members  
Trainer: Pamela Hamlin

Learn techniques for teaching children assertiveness skills. Teach children self-protection skills ranging from dealing with peers in the classroom to stranger danger such as games adults play to entice children away.

**Sept. 10, Tue., 6:30 p.m.—8:30 p.m.**

**SIDS Training: Safe Sleep Practices; HSN (Beginner)**

Fee: \$25 members, \$35 non-members  
Trainer: Jodi Regner

SIDS is the leading cause of death of children under 12 months of age in child care. This class teaches safe sleeping practices and meets OCC requirements for SIDS training.

**Sept. 24, Tue., 6:30 p.m.—8:30 p.m.**  
**Recognizing Child Abuse and Neglect (Beginner)**

Fee: \$25 members, \$35 non-members  
Trainer: Alyson Jacobson

Help keep children safe from abuse and neglect by learning the warning signs and symptoms of neglect and abuse in children. Learn the importance of reporting suspected incidents and proper reporting procedures.

**Sept. 28, Sat., 9:30 a.m.—12:30 p.m.**  
**Unwelcome Intruders: Combating Germs, Bacteria and Viruses, HSN (All Levels)**

Fee: \$35 members, \$45 non-members  
Trainer: Linda Bratcher

We go above and beyond "cover your mouth when you cough" and "wash your hands before you eat." What you don't know about this subject just may harm a child! **Register for "Including Children With Special Needs" at 1:00 p.m. on September 28 and receive a \$10 discount! Get both classes for \$60 for members and \$80 for non-members!**

Prince George's Child Resource Center encourages the involvement and participation of individuals with disabilities in our programs, services and activities. Please let us know how we can best meet your needs as we comply with the Americans with Disabilities Act in making accommodations to promote and encourage your participation.

## CURRICULUM

### JUNE

**June 13, Thur., 6:30 p.m.—9:30 p.m.**  
**Fun and Easy Science Activities, 1.5 CUR;**  
**1.5 COM (All Levels)**

Fee: \$35 members, \$45 non-members  
Trainer: Pamela Hamlin

Children love science, but many teachers are reluctant to bring science into the classroom. Join us as we explore simple science activities that children—and teachers—will love!

**June 22, Sat., 1:00 p.m.—4:00 p.m.**  
**Math By the Book—Using Children’s**  
**Literature to Teach Math Skills, CUR**  
(All Levels)

Fee: \$35 members, \$45 non-members  
Trainer: Linda Bratcher

Bringing math to life through books adds an extra dimension to both the story and the child’s ever expanding world. Children learn when they are having fun—bring books to life!

**Register for “It Starts With Me—Celebrating and Embracing Diversity” at 9:30 a.m. on June 22 and receive a \$10 discount! Get both classes for \$60 for members and \$80 for non-members!**

**June 27, Thur., 6:30 p.m.—8:30 p.m.**  
**Making the Right Choice: Curriculum,**  
**CUR (Intermediate/Advanced)**

Fee: \$25 members, \$35 non-members  
Trainer: Shantiea Barnes

Learn how to choose a curriculum based on children’s developmental needs and individual skills. Hear about the latest research in early childhood education in order to implement the most appropriate curriculum in your child care program.

### JULY

**July 13, Sat., 10:00 p.m.—4:30 p.m.**  
**Working With Children in Mixed Age**  
**Groups, 3 CUR, 3 CD (All Levels)**

Fee: \$65 members, \$75 non-members  
Trainer: Christina Krouse

This interactive six hour session will help you gain insights on ways to structure your daily routine as well as your physical environment to meet the needs of children in your care, whether they are seven months or seven years old. **Bring a bag lunch!**

**July 23, Tue., 6:30 p.m.—9:30 p.m.**  
**The World is Your Easel, CUR (All Levels)**

Fee: \$35 members, \$45 non-members  
Trainer: Laura Terrell

Children love to use all kinds of paint in all kinds of places! This session demonstrates innovative ways to integrate art into a balanced curriculum that meets the creative needs of young children.

### AUGUST

**Aug. 15, Thur., 6:30 p.m.—8:30 p.m.**  
**More Than Books: Creating a Library**  
**Area in Your Program, CUR (All Levels)**

Fee: \$25 members, \$35 non-members  
Trainer: Shantiea Barnes

Books are just the beginning of what it will take to support preschooler’s emergent literacy skills. See how the right furniture, activities, book choices and opportunities to write will create a library area that children will choose over and over again.

### SEPTEMBER

**Sept. 17, Tue., 6:30 p.m.—8:30 p.m.**  
**Early Writing Experiences for Children,**  
**CUR (All Levels)**

Fee: \$25 members, \$35 non-members  
Trainer: Eileen Brooks

Parents always look forward to seeing their child’s first attempts at writing, but often don’t recognize the pre-writing skills that are happening early in a child’s development. Learn what those squiggles really mean and ways to help children develop the fine motor skills that lead to writing.

## PROFESSIONALISM

### JUNE

**June 19, Wed., 6:30 p.m.—8:30 p.m.**  
**The Maryland Child Care Credential,**  
**PRO (All Levels)**

Fee: \$5 members and non-members  
Trainer: Jodi Regner

The Maryland Child Care Credential opens the door to many professional development opportunities. This nearly free session will get you started!

### JULY

**July 18, Thur., 6:30 p.m.—9:30 p.m.**  
**The Child Care Provider as a**  
**Professional, PRO (All Levels)**

Fee: \$35 members, \$45 non-members  
Trainer: Shantiea Barnes

What does it take to set yourself apart from other child care providers? Professionalism! This session will help you identify and implement traits and accomplishments that let others know you are at the top of your field.

**July 20, Sat., 1:00 p.m.—4:00 p.m.**  
**Pathways to Professionalism: Tools of**  
**the Trade, PRO (All Levels)**

Fee: \$35 members, \$45 non-members  
Trainer: Linda Bratcher

Being a licensed provider with few (or no) non-compliance issues is no longer enough; programs and providers know they must continue their quest for quality. This is when **Accreditation, Maryland EXCELS and Credentialing** come into focus. This workshop will provide an overview of how you can use these tools to demonstrate your commitment to quality. **Register for “P” is for “Partnership” at 9:30 a.m. on July 20 and receive a \$10 discount! Get both classes for \$60 for members and \$80 for non-members!**

### AUGUST

**Aug. 10, Sat., 10:00 a.m.—4:30 p.m.**  
**Professionalism in the Early Childhood**  
**Setting, PRO (All Levels)**

Fee: \$65 members, \$75 non-members  
Trainer: Christina Krouse

There is more to professionalism than just showing up for work. Join us as we explore the many facets of professionalism and pump up your own or your staff’s professionalism.

**Aug. 13, Tue., 6:30 p.m.—9:30 p.m.**  
**Picture Our World: Bulletin Boards**  
**That Speak to Families, PRO (All Levels)**

Fee: \$35 members, \$45 non-members  
Trainer: Pamela Hamlin

Learn new ways to perk up your room and communicate what happens there to the families in your program. Lots of great ideas to use in your program!

**Aug. 17, Sat., 1:00 p.m.—4:00 p.m.**  
**Playing Well With Others; PRO**  
(All Levels)

Fee: \$35 members, \$45 non-members  
Trainer: Linda Bratcher

Working with others is a learned skill and a process that evolves over time within organizations. In this workshop, participants will engage in team-building and getting-to-know-you activities which they can use to create inclusive, supportive working environments.

**Register for “Banish Bullying” at 9:30 a.m. on August 17 and receive a \$10 discount! Get both classes for \$60 for members and \$80 for non-members!**

**Aug. 22, Thur., 6:30 p.m.—8:30 p.m.**  
**Calgon, Take Me Away! Rejuvenate**  
**Throughout the Day, PRO (All Levels)**

Fee: \$25 members, \$35 non-members  
Trainer: Alyson Jacobson

Working with children can be stressful job. Let us teach you ways to de-stress and rejuvenate.

### SEPTEMBER

**Sept. 19, Thur., 6:30 p.m.—8:30 p.m.**  
**Preventing Burnout in Your Center,**  
**PRO (All Levels)**

Fee: \$25 members, \$35 non-members  
Trainer: Shantiea Barnes

What do you do when the spark burns out of your staff and your program? Join us to learn new ways to promote team spirit and positive relationships.

**Sept. 21, Sat., 8:30 a.m.—5:30 p.m.**  
**Communication Training for Child**  
**Care Providers; 7 PRO, 2 COM**  
(All Levels)

Fee: \$75 members, \$85 non-members  
Trainer: Jodi Regner

Positive communication among child care providers, parents and children is an important factor in establishing a healthy child care environment. **This course meets the MSDE communication requirement for center staff.**

## SPECIAL NEEDS

### JUNE

**June 20, Thur., 6:30 p.m.—8:30 p.m.**  
**Act Early: Know the Signs of**  
**Developmental Delays, SN (All Levels)**

Fee: \$25 members, \$35 non-members  
Trainer: Cecilia Leger, IT Staff

Understand the difference between a late bloomer and a child who might need early intervention services. Join us as we review the milestones of early development and introduce you to tools and resources you can use everyday.

### JULY

**July 25, Thur., 6:30 p.m.—9:30 p.m.**  
**Caring for Children Affected by**  
**Substance Abuse, SN (All Levels)**

Fee: \$35 members, \$45 non-members  
Trainer: Alyson Jacobson

Learn skills and techniques for identifying and caring for children affected by substance abuse.

Have you updated your LOCATE: Child Care file recently? Contact Maryland Family Network at **866.752.1614** to update your file, add new information or report vacancies.

## SPECIAL NEEDS

### August

**Aug 20, Tue., 6:30 p.m.—8:30 p.m.**  
**Why Don't they Listen to Me? SN**  
(All Levels)

Fee: \$25 members, \$35 non-members  
Trainer: Cecilia Leger, IT Staff

Learn how good communication and an atmosphere of trust and respect can help you raise concerns with families without jeopardizing the relationship so that you can connect them to local resources.

### September

**Sept. 12, Thur., 6:30 p.m.—8:30 p.m.**  
**Act Early: Know the Signs of Developmental Delays, SN** (All Levels)

Fee: \$25 members, \$35 non-members  
Trainer: Cecilia Leger, IT Staff

Understand the difference between a late bloomer and a child who might need early intervention services. Join us as we review the milestones of early development and introduce you to tools and resources you can use everyday.

**Sept. 28, Sat., 1:00 p.m. —4:00 p.m.**  
**Including Children With Special Needs SN** (All Levels)

Fee: \$35 members, \$45 non-members  
Trainer: Linda Bratcher

Learn what the ADA expects and how to make simple accommodations to include all children. Learn ways to accommodate all children by recognizing their needs and planning for each child individually. All children are special! *Everyone should take this class!*

**Register for “Unwelcome Intruders—Combating Germs, Bacteria and Viruses” at 9:30 a.m. on September 28 and receive a \$10 discount! Get both classes for \$60 for members and \$80 for non-members.**

## COMMUNITY

### JUNE

**June 22, Sat., 9:30 a.m.— 12:30 p.m.**  
**It Starts With Me! Celebrating and Embracing Diversity, COM** (All Levels)

Fee: \$35 members, \$45 non-members  
Trainer: Linda Bratcher

Learn different ways to help children develop an awareness of cultural considerations and new ways to include diversity learning in your classroom. Great information and fun activities!

**Register for “Math By the Book—Using Children’s Literature to Teach Math Skills” at 1:00 p.m. on June 22 and receive a \$10 discount! Get both classes for \$60 for members and \$80 for non-members.**

The Resource Center is a non-profit organization. Consider making a tax-deductible donation today.

**Directions:** The Resource Center is located at 9475 Lottsford Road, Suite 202, Largo, MD. Take exit 17A off the Capital Beltway/495 onto Landover Road toward Upper Marlboro.

## COMMUNITY

### JULY

**July 11, Thur., 6:30 p.m.—9:30 p.m.**  
**Anti-Bias/Cultural Competence; COM**  
(Intermediate)

Fee: \$35 members, \$45 non-members  
Trainer: Pamela Hamlin

Children learn tolerance from the adults in their lives. Make your child care environment one where everyone feels welcome and celebrated. This workshop will guide you to new levels of cultural awareness.

**July 20, Sat., 9:30 a.m.—12:30 p.m.**  
**“P” is for “Partnership” - Parents & Your Program, COM** (All Levels)

Fee: \$35 members, \$45 non-members  
Trainer: Linda Bratcher

Parents are important links to their children’s success in your program. Discover some great ways to get them involved and encourage their cooperation and participation. **Register for “Pathways to Professionalism—Tools of the Trade” at 1:00 p.m. and receive a \$10 discount! Get both classes for \$60 for members and \$80 for non-members.**

### AUGUST

**Aug. 29, Thur., 6:30 p.m.—9:30 p.m.**  
**Family and Community Partnerships, COM** (All Levels)

Fee: \$35 members, \$45 non-members  
Trainer: Jodi Regner

It truly does take a village to raise a child! Join us and explore how forming strong relationships and building partnerships with parents and community partners can make your job easier.

## TECHNICAL ASSISTANCE

Check out our new Technical Assistance offerings! These two hour sessions begin at 6:30 p.m. and are only \$5. Contact Laura Terrell at extension 1011 for more information on the sessions.

*June 12 - EXCELS for Program Staff: You’ve Got Questions — We’ve Got Answers*

*June 26 - Healthy Bodies — Healthy Programs*

*July 9 - The Next Step in Emergency Prep*

## Advocacy: Joining Voices for Quality Care

Get involved with our advocacy project and let your voice be heard in support of quality early care and education issues. Contact Laura Terrell at extension 1011 for additional information. Meetings will be held on June 11, July 17 and September 18.

## FIRST AID & INFANT/CHILD & ADULT CPR

FIRST AND CPR WILL BE OFFERED ON June 1, July 6, August 3 and September 7

**CHOOSE FROM ONE OF THE THREE WORKSHOPS OFFERED MONTHLY TO MEET OCC TRAINING REQUIREMENTS FOR CPR AND FIRST AID**

**Sat., 9:00 a.m. - 5:00 p.m. First Aid & Infant/Child & Adult CPR**

Fee: \$75 members, \$90 non-members  
Class size limited. **No Walk-Ins.** Bring a bag lunch.

**Sat., 9:00 a.m. - 12:30 p.m. First Aid**

Fee: \$45 members, \$55 non-members  
Class size limited. **No Walk-Ins.**

**Sat., 12:30 p.m. - 5:00 p.m. Infant/Child & Adult CPR**

Fee: \$45 members, \$55 non-members  
Class size limited. **No Walk-Ins.**

**Trainer:** Paramedical Personnel of Maryland

## MEDICATION ADMINISTRATION

**MEDICATION ADMINISTRATION IS OFFERED ON June 22 and September 7**

**Sat., 9:00 a.m. - 4:30 p.m. Medication Administration; HSN** (All Levels)  
Fee: \$65 members, \$75 non-members  
Trainer: Veronica Shaw-Kittrell, RN or Tisa Ellis, RN

*This class meets all Office of Child Care requirements for the administration of medication to children in child care. Everyone taking this training must pass an English and Math test given prior to the start of the class. Certificates will be issued by the trainer rather than the Resource Center. **Please bring a bag lunch and drink. Class size limited. No Walk-Ins.***

**The following codes found after each title indicate the Core of Knowledge Domain:**

CD = Child Development  
COM = Community  
CUR = Curriculum  
HSN = Health, Safety and Nutrition  
PRO = Professionalism  
SN = Special Needs

**For Information -** For general information concerning Training or Resource and Referral services provided by the Resource Center, or other information or questions you might have, please contact the Resource Center at 301.772.8420 or visit our website: [www.childresource.org](http://www.childresource.org).

## GET INVOLVED!

### Advocacy: Joining Voices for Quality Care

Our child care advocacy project, *Joining Voices for Quality Care*, works hard to address and support issues that impact child care. The goal is to build a strong child care system and address the importance of quality child care for family stability, school readiness and economic growth.

Contact: Laura, ext. 1011

## NEED HELP?

### Technical Assistance

Family child care providers and child care centers can rely on the Resource Center to meet all their Technical Assistance needs.

Contact: Laura, ext. 1011

### Project WIN and Project LAUNCH

Do you have children in your program who regularly exhibit challenging behaviors? Project WIN and Project LAUNCH can help!

Contact: Paul, 301.772.3607

### Maryland EXCELS

Need help getting organized to participate in Maryland EXCELS? Let us help!

Contact: Shantiea, ext. 1013

Pamela, ext. 1012

**Child Care Career & Professional Development Fund** is available to assist child care providers with college tuition!

Contact: Jodi, ext. 1010

Laura, ext. 1011

### Maryland Child Care Credential

Becoming a credentialed provider is one of the basic steps in moving up the QRIS ladder. If you are not already credentialed or would like to advance up the Credential ladder, let the Resource Center help you.

### Need Professional Activity Units?

If you need Professional Activity Units for the Maryland Child Care Credential, the Resource Center can help. There are many different ways to volunteer at the Resource Center.

Contact: Jodi, ext. 1010

## NEWS YOU CAN USE...

### Family Child Care Start Up

The Resource Center offers everything needed to get started in Family Child Care: 24 Hour Family Pre-Service, Emergency Preparedness, SIDS and CPR & First AID. All of these requirements can be completed in just a 3 week period. Participants registering for all these classes receive a special price of \$315 (a savings of \$30). Already a provider or a center staff member? The individual Family Pre-Service modules may be taken as Core of Knowledge credit for \$40 per module. Payment plans can be arranged. Contact: Francine, ext. 1001

### Renewal

First year Family Child Care Providers need 18 hours of required training. Center Aides need 6 hours yearly and all other Center Staff and Family Providers need 12 hours of training each year. We offer training in each core of knowledge area each month. Let us help you put together the training you need. Contact: Jodi, ext. 1010 or Laura, 1011

### Please Arrive on Time

We work hard to ensure that Resource Center trainings meet high standards of instruction, begin on time, and provide the hours of training that is stated on the certificate. Please help us out by arriving on time. The door is locked 15 minutes after the advertised start of any class, and no one is admitted late. Certificates cannot be adjusted and no refunds are given.

### Membership Reminders

Resource Center members receive a discount on all Resource Center trainings and they can earn **FREE** training by attending five trainings within their membership year. Be sure to bring your membership card with you and have it punched each time you attend a training.

Did you know that Resource Center members get free notary services? Contact Ivette at ext. 1002

### Online Training

The Resource Center is partnering with Maryland Family Network and the National Association of Child Care Resource and Referral Agencies to provide high quality, MSDE approved online training. Visit our website – [www.childresource.org](http://www.childresource.org) – to view our offerings. Click on workshops on the homepage, then click on **Online Training** to see what is available.



PRINCE GEORGE'S CHILD  
RESOURCE CENTER, INC

9475 Lottsford Road, Suite 202  
Largo, MD 20774

TRAINING  
CALENDAR  
INSIDE!

## Registration Policies and Reminders

- Pre-registration and pre-payment are required for all workshops.
  - No cash is accepted; payment may be made by credit card (Visa, Mastercard or Discover), check or money order. Credit cards and money orders the only acceptable forms of payment on the day of a workshop.
  - **Registration fees are not refundable** unless a class is cancelled by the Resource Center.
  - Transfers are granted only when requested 24 hours in advance.
  - Register online, by mail, or telephone by calling 301.772.8420, ext. 229.
  - All Resource Center workshops provide MSDE Office of Child Care approved training credits for early education providers.
  - Workshops meet high standards, begin on time, and provide the hours of training that is stated on certificates.
  - Doors are locked when the workshop begins. Late-comers will not be admitted and no refunds will be given to those who arrive late.
  - Workshops are open to anyone who shares an interest in the growth and development of children.
- The Resource Center's OCC approval numbers are CTO – 150841, CKO -30877 and PSO – 152964.

## Inclement Weather

The Resource Center follows **Prince George's County Public Schools** inclement weather policy for closings and delayed openings. If you are scheduled for a workshop and the public schools close for inclement weather, the workshop will be cancelled. We will make every effort to notify those registered for a workshop if there is a change to the schedule. Please make sure that you give us a contact number or email where we can reach you or leave a message. If in doubt, please call the Resource Center at 301.772.8420. Cancellations will be posted on our website, [www.childresource.org](http://www.childresource.org).



MARYLAND  
FAMILY  
NETWORK



Funding provided by  
Maryland State  
Department of Education